



**accredited training in
mediating family relationships**



qualifying as a mediator

Mediation has now become recognised as a serious and cost-effective alternative to more adversarial approaches to resolving disputes and managing conflict; employment legislation now encourages the use of mediation for resolving workplace disputes, whilst government initiatives now promote mediation as a means of keeping families together when they are faced with conflict, and the courts now routinely recommend mediation as an alternative to more lengthy litigious processes.

If you are planning to offer mediation as a professional service, especially when working with difficult or sensitive situations, your service users and clients are entitled to expect that you will work to the highest standards. Achievement on one of our accredited mediation training programmes proves that you can do exactly that.

Our Accredited Training in Mediating Family Relationships provides a recognised qualification in working with families at breaking point: helping them to restore, rebuild, and sometimes restructure their family relationships, often at the point where a young person in the family is about to become homeless.

Accredited Training in Mediating Family Relationships

40 hour training in mediating family relationships

Nationally accredited by the Open College Network & The Law Society

“You may be on the right track but if you sit there long enough you’ll get run over.”

Jack London

Outline

In recent years, it has become widely recognised that unaddressed conflict within families can have a profound impact on the well-being of all concerned, but especially on the lives of children and young people. Particularly within families that become restructured following a bereavement, divorce or separation, or in any family where the lifestyles of the young people clash with those of the parents or carers, conflict can be a daily fact of life.

Mediation can provide a very effective structure in helping the family to manage its conflict and in helping all family members to reach an agreement about how better to manage contentious issues such as timekeeping, personal responsibilities, access into the family home, social & personal habits, discipline

What you will learn:

- The underlying principles of mediation
- The step-by-step mediation process
- Clarifying the role of the mediator in relation to other professional roles
- Confidentiality, impartiality and appropriate disclosure
- How to initiate, manage and conclude the mediation process
- Encouraging family members to participate in mediation
- How to ensure that mediation is safe, constructive & effective
- Key policies & procedures when applying mediation

and communication. A properly trained and impartial third party, in the role of mediator, can support the family to use that structure in a safe and effective way: lessening conflict and ultimately helping to prevent a young person from becoming homeless.

Content

The course includes many of the elements covered in The Interpersonal Mediation Practitioner’s Certificate and has been evolved from that programme. Our Accredited Training in Mediating Family Relationships uses a similar, well-established model of mediation as would be applied in other areas of interpersonal conflict, but with variations that make it directly applicable to this particular field.

Previous learners have commented that the skills and techniques acquired through this qualification have been invaluable beyond the immediate application that the training is intended for and have in fact helped in managing other interpersonal disputes.

The course includes:

- Family members’ responses to conflict: how and why family disputes occur
- The skills, knowledge and qualities of a mediator when working with families
- Where mediation can and cannot be used
- How and why mediation works in this setting
- The pitfalls and opportunities in using mediation for family relationships

Who is the course for?

The course is suitable both for those who are new to the field and who wish to use mediation from the outset, and for those who are more experienced in this work, but who feel that their interventions would

be enhanced by the step-by-step structure that the mediation model offers. As a nationally-accredited programme, the course is also suitable for those familiar with mediation, who wish to gain recognition for their existing skills and knowledge.

Previous trainees have included:

- Family Group Conferencing Co-ordinators
- Housing & homelessness workers
- Police officers
- Members of Youth Offending Teams
- Workers from Barnardos, Childline, Connexions and other national charities and organisations
- Hostel workers

Course delivery

The course is delivered by a practising mediator with experience of working with professionals in this field. A number of real-life case examples are used in order to illustrate the mediation model, and to give learners an opportunity to put their skills into practice as the course progresses.

The course is typically delivered as an in-house programme, over four or five days, depending on the organisation's preference. The times of each day would typically be 9.30am-4.30pm for a five day programme. We can also offer to split the training into a two day and a three day block to suit your needs.

Our aim is to work with your organisation to deliver a well-established, nationally-accredited programme in a way that not only gives learners a recognised qualification, but which greatly enhances the quality and effectiveness of their interventions, and ultimately improves the lives of their service users and clients.

National accreditation

Our Accredited Training in Mediating Family Relationships leads to the award of the Interpersonal Mediation Practitioner's Certificate. This training programme has gained nationally-recognised accreditation by the Open College Network and by the Law Society.

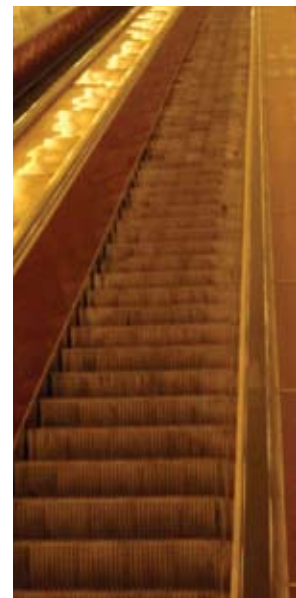
The course also meets the training requirements for entry onto the UK Register of Mediators (UKRM). Family Group Conferencing Co-ordinators who achieve on this training programme, who complete five assessed cases, and who go on to meet additional criteria for entry onto the Register, can describe themselves as UKRM-registered Family Group Conferencing Mediators.

Facts & figures

- **Numbers on the course:** 12
- **Number of days:** 4 days or 5 days
- **Running times:** 9.30am-4.30am for a 5 day programme, with the option to split the training into two blocks
- **Award & CPD points:**
 - Open College Network: 6 credits at level 3
 - The Law Society - 26 CPD hours

What next?

- This programme is run principally as an in-house training course or staff development event. Please call us to discuss how we might provide the training for members of your own organisation
- We can offer to visit you for a no-obligation discussion of how you can get the most from this course. Please call us to arrange this at your convenience



contacting us

Firstly we would like to thank you for taking an interest in our course, and hope that it answered all of your burning questions! If you would like to get in touch please use one of the following ways:

Website: www.ukmediation.net

If you require further information concerning course dates, finding a mediator, or if you want to find out more about mediation in general, please visit our website.

Booking by phone: 01773 822222

For those of you that would rather book over the phone, we have incorporated this facility, which makes payment fast and simple. This also allows you to talk to a trainer or adviser before you make the decision to book. Call 01773 822222 to book a course or speak to one of our sales advisors.

Booking online: bookings@ukmediation.net

We can e-mail you a booking form, which can be emailed back to us. We will then deal with it within 24 hours, to ensure that your place is confirmed.

Booking by post: 8 Green Lane, Belper, Derbyshire, DE56 1BY

Alternatively you can complete a booking form and post it back to us. The booking forms can be downloaded online or we can send you one with our information pack on request.

We also accept payment via all major credit and debit cards, to make the transaction smooth for you.

ukmediation



uk mediation ltd
8 Green Lane
Belper
Derbyshire
DE56 1BY

t: 01773 822222
f: 01773 827155
admin@ukmediation.net

www.ukmediation.net

the **mediation** specialists